



Williamson County and Cities Health District

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Williamson County Ranked Second Healthiest County in Texas

Where we live, work and play matters to our health. In good news for Williamson County residents, the 2018 County Health Rankings, released today, deem the county as the second healthiest place to live among 242 ranked counties in Texas. Denton County has been named the Healthiest County in Texas for 2018.

All counties are ranked using a variety of data including Health Factors, which measure the rate of education, housing, crime, employment, unhealthy behaviors, and exercise. These components are considered to be “changeable behaviors” and indicate the current and future health of a county. Also ranked are Health Outcomes, which are based on length of life and the quality of daily physical and mental health. Since the rankings were first introduced in 2010, Williamson County has been consistently ranked in the top five healthiest counties.

Williamson County and Cities Health District Executive Director John Teel says “once again, County Health Rankings demonstrate that Wilco’s residents, hospital systems, physician practices, faith communities, public schools, city and county leaders, higher education institutions, business leaders, and non-profit organizations place our citizens’ physical, behavioral, and spiritual health as key priorities in nearly everything they do. This level of attention to mind, body, and soul remains fundamental to Williamson County’s growth, and to this wonderful county’s desirability as a place to live, work, worship, play, get an education, and operate a business.” Mr. Teel thanks the Board of Health and the Health District’s eight member governments for their leadership in championing public health in Wilco; and Bluebonnet Trails Community Services and Lone Star Circle of Care for their vital roles in keeping Wilco’s citizens healthy.

The Health District and its many partners such as members of the WilCo Wellness Alliance coalition, stakeholders at the local, county and state level, school districts, faith-based organizations, and healthcare partners are deliberate and proactive in improving the overall health of the community. Together the partners created a Community Health Improvement Plan, based on the 2016 Community Health Assessment, to guide community health activities for the next three years.

“We, as citizens of this county through the WilCo Wellness Alliance, are taking the lead and making the changes that will ensure our place as one of the healthiest counties for years to come,” said WilCo Wellness Alliance Coordinator Kelli Becerra, M.Ed., CHES.

The rankings are produced by the University of Wisconsin Population Health Institute and the Robert Wood Johnson Foundation. The annual report analyzes the health of every county across the United States. The rankings are available online at www.countyhealthrankings.org/texas/williamson. Learn more about the WilCo Wellness Alliance coalition and county health data at www.healthywilliamsoncounty.org.

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