



Williamson County and Cities Health District

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Williamson County Ranks as One of the Healthiest in Texas

Where we live, work and play matters to our health. In good news for Williamson County residents, the 2017 County Health Rankings, released today, deem the county as one of Texas' healthiest places to live.

Williamson County is ranked second in Health Factors, which measure the rate of education, housing, crime, employment, unhealthy behaviors and exercise. These components are considered to be "changeable behaviors" and indicate the current and future health of a county.

The county ranked fourth in Health Outcomes, which are based on length of life and the quality of daily physical and mental health.

Since the rankings were first introduced in 2010, Williamson County has been listed first, second, third or fourth healthiest county of 243 measured in Texas.

The rankings are not merely a friendly competition, but a "population health checkup" for counties. "Williamson County has an ongoing community health assessment and improvement process," said John Teel, M.S., R.S., Williamson County and Cities Health District Executive Director. "Critical to this process are the health district's many partners such as The WilCo Wellness Alliance, stakeholders at the local, county and state level, school districts, and healthcare partners. The county health rankings will help us understand our strengths and assess our most pressing health problems so that we can work together on solutions."

The rankings are produced by the University of Wisconsin and the Robert Wood Johnson Foundation. The annual report analyzes the health of nearly all counties in the nation and ranks them within their state. The rankings are compiled using county-level measures from a variety of national and state data sources.

The Williamson County and Cities Health District (WCCHD) uses these data to guide its prevention efforts and focus on existing health challenges. WCCHD provides public health services including Clinical Preventive Care, Disease Control and Prevention, Emergency Preparedness and Response, Environmental Health, WIC, Community Engagement, Health Education, and Social Services.

The 2017 County Health Rankings are available online at www.countyhealthrankings.org. For more information about WCCHD, visit your public health department website at www.wcchd.org.

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