



WILLIAMSON COUNTY AND CITIES HEALTH DISTRICT

NEWS RELEASE

Contact: Melissa Cole, MS, CHES 512-248-3252

FOR IMMEDIATE RELEASE

Williamson County and Cities Health District Holding Volunteer Facilitator Training for Parenting Program

April 20, 2009 (Williamson County) –

Williamson County and Cities Health District (WCCHD) is looking for caring and compassionate parents interested in helping other parents in the community by assisting with a program called Parents Helping Parents. The Parents Helping Parents Volunteer Facilitator Training will be held in Round Rock on Saturday, April 25, 2009 from 10:00am – 12:00pm. This free training will provide individuals with more information about the program, being a volunteer facilitator, and how to lead successful groups. Light snacks will be provided.

WCCHD provides the Parents Helping Parents program at no cost to parents of children three years and younger. Classes are offered in English and Spanish throughout Williamson County. Parents Helping Parents is an early education program that provides information in a supportive environment. Class discussion focuses on infant care, health and safety, child development, child guidance, family management, and personal growth.

Participants in the program have had very positive feedback with one participant saying, “I enjoyed everything about the class, learned a lot, and met good people that really helped my family out.”

Five volunteers participated in the Parents Helping Parents Volunteer Facilitator Training offered in February and are currently assisting with classes in Round Rock. Their comments of the training and program include: “the wholeness of the program is very good – mind, body, spirit” and “I believe I can actually make a difference with this information.” WCCHD is hoping to expand the number of volunteer facilitators in order to expand the number of classes taught in cities throughout Williamson County.

If interested in participating in the training or registering for classes please contact Melissa Cole at mcole@wcchd.org or 512-248-3252 by April 24, 2009.

To learn more about Parents Helping Parents or other health education programs WCCHD offers please contact the Community Health Education team at healthed@wcchd.org or call 512-248-3252.

For more information about *your public health department* please visit www.wcchd.org.