

Case Management

For Children and Pregnant Women



Who can get services?

Infants, children, teens and young adults from birth through age 20 can get case management if they:

- Are eligible for Medicaid,
- Have or are at-risk for having a health problem that keeps them from doing things that other kids their age do,
- Need help getting services to keep health problems from getting worse, and
- Want case management.

Women who are pregnant can get case management if they:

- Are eligible for Medicaid,
- Have a high-risk pregnancy,
- Need services to prevent more problems with pregnancy, and
- Want case management.



What is case management?

Case management is a Medicaid service. Case managers assist children, women who are pregnant, and their families in getting help with:

- Access to needed medical services,
- Family problems,
- Education/school issues,
- Financial concerns,
- Finding help near where they live, and
- Equipment and supplies.



What do case managers do?

Case managers help by:

- Finding out what families need,
- Making plans to meet those needs,
- Helping families find the services they need near where they live,
- Referring children, women who are pregnant, and their families to community resources and other services,
- Teaching individuals and families how to find and get services they need, and
- Following-up with families to make sure their needs have been met.



How can you make a referral?

Call the
Texas Health Steps Outreach
and Informing Hotline.
1-877-THSTEPS
1-877-847-8377 (It's free.)

Williamson County
512-248-3252
1-800-890-6296



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